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# C4P News

Reaching Out: Hispanic Families

## Featured Resources

### iColorín Colorado!

[www.colorincolorado.org](http://www.colorincolorado.org)

- For English and Spanish families and educators of English Language Learners (ELL)
- Helps to reach out to Hispanic parents and make them a vital part of their children's education
- Toolkit for teachers– Reaching out to Hispanic Parents of ELL
  - Free 100+ page pdf
  - Online videos to supplement the toolkit
  - Hard copies of toolkit are \$5
  - For teachers, families, and parent educators
  - Includes workshops, handouts, activity sheets, and various additional resources
- Website contains much more information, such as empowering Hispanic parents, creating a welcoming learning environment, and resources for families
- Website is dual language (English and Spanish)



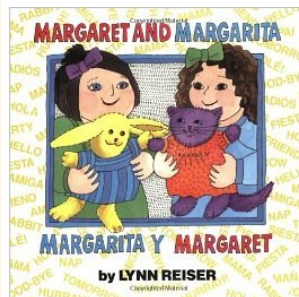
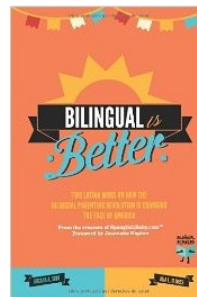
### TAPIT

[www.tapit.org/members/directory](http://www.tapit.org/members/directory)

TAPIT (Tennessee Association of Professional Interpreters and Translators) is a professional organization for interpreters and translators of written, spoken, and signed language. Using the member directory, parent educators can look for interpreters with a variety of degrees and certifications in their area.

## Featured Books

*Bilingual is Better: Two Latina Moms on How the Bilingual Parenting Revolution is Changing the Face of America* by Ana L. Flores and Roxana A. Soto is a parenting memoir about raising multicultural and bilingual children in modern American culture. It "debunks old stereotypes while shedding light on hot topics like bilingual education, cultural heritage, and what it really means to be Latino".



*Margaret and Margarita: Margarita y Margaret* by Lynn Reiser is a story about two girls who don't speak the same language. But they don't let that stop them from playing together and having a good time. A dual-language book for ages 4 and up.

## Research Update

Baumrind's parenting styles (authoritarian, authoritative, permissive, and neglectful) are widely used in research and practice; however, when looking at research on Latino families there is little evidence for these four categories. The four parenting styles are based on two parenting dimensions (responsiveness/warmth and demandingness/parental control). The authors added a third dimension (autonomy granting) to create eight parenting styles. When they did this, they found that the original four styles only accounted for about 1/3 of the Latino families, suggesting that traditional parenting categories do not capture Latinos' parenting styles well. The authors suggest adding four more styles, one of which is protective parenting (61% of Latino parents were in this new group). Protective parents are rated high on warmth, high on demandingness, and low on autonomy granting.

Reference: Rodriguez, M.M.D. et al. (2009). Parenting Styles in a Cultural Context: Observations of "Protective Parenting" in First-Generation Latinos. *Family Process, 48* (2), 195-210.

## C4P Trivia

What percent of Latina teens are pregnant at least once before the age of 20?

- A. 31%
- B. 66%
- C. 52%
- D. 43%

The first person to send the correct answer to [center4parenting@utk.edu](mailto:center4parenting@utk.edu) will receive a \$5 Starbucks gift card!

## Featured Family Program

ASPIRA's **Parents for Educational Excellence Program (APEX)** has a mission to increase involvement of Latino parents in their children's education through community empowerment. The free curriculum consists of a series of workshops for the parents led by a facilitator. Available in Spanish and English. [www.aspira.org/en/aspira-parents-excellence](http://www.aspira.org/en/aspira-parents-excellence)